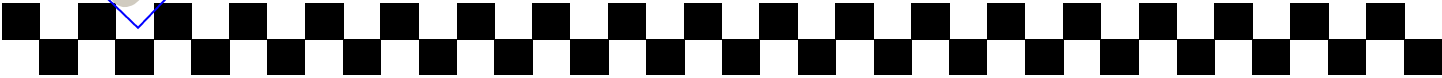


Fredericksburg Cooking Academy



Breakfast: Bed and Breakfast Style

By Connie Gikas, Molly Sagebiel,
Carol Seminara and Jon Morse

Wednesday, July 25

10:00 am to 2:00 pm \$65

Along with big fluffy beds, a stay at a bed and breakfast means a delicious, gourmet breakfast. Four Hill Country Bed and Breakfast



Connie Maes Gikas



chef/owners share culinary secrets to help you rise and shine in the kitchen. You will learn how to prepare breakfast to delight your family and friends. Walking tour of the Fredericksburg Herb Farm led by Master Gardener, Carol Seminara .



Molly Sagebiel



Carol Seminara



Jon Morse



Cottages at Limestone on Main Bed and Breakfast

Hill Country Scones and Pecan Scones Provencal
By Carol Seminara

Camp David Bed and Breakfast

Summertime Quiche
by Molly Sagebiel

A Place in Time Bed and Breakfast

Hill Country Frittata
by Jon Morse

Town Creek Bed and Breakfast

Brandied Glazed Peaches
by Connie Gikas

Upcoming Class

Greek Grill, Lamb, Pork, Vegetables

Wednesday, August 15, 2007

10:30 am—3:00 pm \$75

Town Creek Bed & Breakfast

Featured Chef Timothy Gikas will kickoff a series of Greek Style cooking classes with the basics of outdoor grilling, Greek Style lamb, pork, and vegetables. Using seasonal fresh ingredients fresh from the garden you will learn all about wonderful Greek seasonings and the art of grilling to perfection.

Class Info and Reservations

Connie Maes Gikas 830-997-6848

Mary Kaye Sawyer-Morse 830-997-1552

Email: fbgcookingacademy@gmail.com

www.fredericksburgcookingacademy.com

Menu and Chefs subject to change without notice