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# Miniature Hamburgers American (USA)

*Carol Seminara*

Servings: 12

**1 pound ground beef round steak (85/15)**

**3/4 teaspoon Kosher salt**

**1/4 teaspoon freshly ground black pepper**

**1/2 teaspoon Worcestershire sauce**

**1/2 teaspoon dry mustard**

**1/2 teaspoon garlic powder**

**1/2 teaspoon pimenton, smoked paprika**

**5 slices American cheese**

**4 tablespoons mayonnaise**

**12 biscuit, or small dinner rolls**

Prepare biscuits or rolls in advance as directed on the package.

In a bowl, mix all ingredients until well blended. Hand form walnut-sized balls of the meat mixture.

Drop into hot skillet and press into patty shape about 1 1/2 to 2

inches in diameter. Cook about 3 minutes on the first side, turn and cook on second side. Add 1/4 of a slice of American cheese to each patty and allow to melt as second side browns.

Slice rolls (or biscuits) in half horizontally. Spread with mayonnaise and assemble burgers.

## **6 Flavors Over Texas**

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*Per Serving (excluding unknown items): 402 Calories; 26g Fat (57.1% calories from fat); 15g Protein; 28g Carbohydrate; 1g Dietary Fiber; 48mg Cholesterol; 1363mg Sodium. Exchanges: 2 Grain(Starch); 1 1/2 Lean Meat; 3 1/2 Fat; 0 Other Carbohydrates.*